Personal minimums and decision-making criteria are best defined on the ground, free of external pressure and the workload of flying the aircraft. Writing them down makes it much easier to resist the temptation to “mentally negotiate” yourself into a tight spot, allowing your decision making to be clouded in the heat of the moment by emotion and hope.

This document defines the contract you make with yourself, your passengers, and your family. Remember to update your personal minimums regularly to reflect your current proficiency in the aircraft you’ll be flying.

INSTRUCTIONS

1. Review all sections and determine your personal minimums specific to the type of aircraft you fly. If you’re a new or rusty pilot, consider asking a CFI for help.
2. Fill in the information for each item.
3. Keep this contract with your flight bag for quick reference.

This VFR PILOT PERSONAL MINIMUMS CONTRACT is available online www.airsafetyinstitute.org/vfrcontract

The IFR PILOT PERSONAL MINIMUMS CONTRACT is also available online www.airsafetyinstitute.org/ifrcontract
MIN. HOURS (LAST 30/90 DAYS) _____/_____
MIN. HOURS IN TYPE (LAST 30/90 DAYS) _____/_____
MIN. LANDINGS (LAST 30/90 DAYS) _____/_____
NIGHT HOURS (LAST 30/90 DAYS) _____/_____